



Review Paper

Novel Coronavirus: an emergent virus, threat for mankind

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Abstract

The coronavirus pandemic (2019-nCoV) that germinated in Wuhan city of China, has gradually surpassed every geographical boundary possible to bring 213 countries under its grasp. The amount of cases has been accelerating each day in an exponential manner with the manner of transmission being interface amid human-to-human or through air droplets; and the patients infected with pneumonia by SARS-CoV-2, are exhibiting common flu like symptoms of fever and coughing. There is tremendous pressure on the governments of all countries to control the outbreak that has transformed into a global health emergency. Therefore the current scenario demands transparency, preparedness and sharing of information as essential steps to combat this outbreak. This manuscript assembles the virology and updated clinical management strategies. The human CoV outbreak's future depends on the evolution of viruses as well as development of prevention and promising treatment strategies for dealing with future threat of spreads.

Keywords: Coronavirus, Outbreak, severe acute respiratory syndrome coronavirus.

Introduction

The tendency of viruses to exhibit repeated emergence since years have always posed a great challenge and threat to humans¹. Within the past two decades, the world has evinced three potential eruptions of coronaviruses with high rate of morbidity.

In December 2019, the emergence of the novel coronavirus (2019-nCoV) infection that occurred in Wuhan, China, quickly spread not only throughout China but also to other countries^{2,9}. The pandemic has been accelerating rapidly. In the current international scenario, about 6,267,669 patients in 213 countries/regions has become a major concern for global health.

The 2019-nCoV has been termed as Severe Acute Respiratory Syndrome Coronavirus-2 (SARS-CoV-2)⁴ by the International Committee on Taxonomy of Viruses. Previous studies have shown correlations between wild animals and fish, and in various cases of infection, the suggested probable animal to human as well as human to human transmission of SARS-CoV-2 has been evidenced by direct contact or tiny droplets^{3, 9-11}.

The 2019-nCoV (SARS-CoV-2) lies within genus Betacoronavirus. SARS-CoV-2 belongs to family Coronaviridae, subfamily Coronavirinae (with four genera: Alphacoronavirus, Betacoronavirus, Gammacoronavirus and Deltacoronavirus) and considered under order Nidovirales, which is capable of infecting humans, after SARS-nCoV and MERS-nCoV.

In general, CoVs are disseminated widely among humans, birds and various mammals, creating neurologic, enteric, respiratory and hepatic syndromes^{12,13}. A total of four (OC43, 229E, HKU1 and NL63) CoVs are capable of causing disease in human, and they usually cause common cold like symptoms among immune-competent individuals¹⁴. The strains SARS-CoV and MERS-CoV are zoonotic in nature and associated with fatal illness¹⁵.

The 2019-nCoV genomic sequence available through WHO, has enabled different laboratories to diagnose viral RNA by RT-PCR. A similarity of >70% has been observed in the genetic sequence of 2019-nCoV with SARS-nCoV¹⁶. Bats have been determined as the cause of the new coronavirus infection. The 2019-nCoV shares similarity to bat coronavirus by 96%, as analysed through full length genome sequences¹⁷. A recent phylogenetic analysis also showed similarity to a set of SARS-like coronavirus isolated from bats in Chinese region¹⁸. SARS-CoV-2 has been considered as a novel coronavirus which is potent enough to get transmitted to humans from animals, as observed by evolutionary analysis of N, S and ORF1a/1 b genes¹⁹.

The novel coronavirus shows similarity in the pattern of infection to Middle East Respiratory Syndrome coronavirus (MERS-nCoV), Severe Acute Respiratory Syndrome coronavirus (SARS-nCoV), and Bat SARS-like CoV. Interestingly the bat coronaviruses exhibit highest similarity in the kind of infection to the novel coronaviruses than coronaviruses found in other vertebrates.

Correlation between the novel SARS-CoV-2, SARS-CoV and MERS-CoV

SARS-CoV (human CoV) is responsible for severe acute respiratory syndrome (SARS) which caused an outbreak in Guangdong province of China during 2002-2003, resulting in 774 deaths with a fatality rate of 10%²⁰. SARS-CoV is capable of infecting epithelial cells of the bronchi which are unciliated, as well as type II pneumocytes. The symptoms of SARS-CoV infection include fever, cough, breathing trouble, and in severe cases, pneumonia and kidney failure^{20,21}.

Reports have shown that CoVs in bats have ancestral link with SARS-CoV²². In addition, raccoons, dogs and civets sold in the markets of China also contain SARS-like CoVs²³. The indication of transmission of SARSr-CoVs from bats to other animals or human beings can be evidenced through the occurrence of SARS-related CoVs (SARSr-CoVs) among bats and other animals in Chinese markets. Also, the presence of several SARSr-CoVs have been reported from various regions of China²⁴. Therefore it can be said that SARS-CoV has animal origin especially from bats.

In context of cellular infection, ACE2 has been given the recognition as one of the receptors for SARS-CoV. Hence it is possible that SARS-CoV is potent in infecting human cells proficiently via ACE2²⁵. Also, it is possible that during SARS-CoV transmission from human to human, SARS-CoV makes its S protein (primarily RBD) adapt itself to efficiently infect airway epithelia via binding to human ACE2.

In 2012, MERS-CoV was considered as the contributory factor for severe respiratory disease in Saudi Arabia²⁶. MERS-CoV showed similarity in infection by infecting type II pneumocytes, unciliated bronchial epithelial cells and causing severe ailment of the respiratory tract characterized by difficulties in breathing, cough, fever, and in worst cases, pneumonia and kidney failure²⁶.

CoVs related to MERS (MERSr-CoVs) also indicated an origin from bats^{27,28}. The transmission of MERS-CoV was even evidenced in humans from dromedary camels²⁹. The resemblance found within camel MERS-CoV and human MERS-CoV strains was reported in one of the research studies³⁰. The existence of MERS-CoV was obtained among the samples of camels from 1983, hence indicating its presence about 30 years ago³¹. The RBD region of MERSr-CoVs shares sequence similarity of 60–70% to human and camel MERS-CoVs³². Like SARS-CoV, the MERSr-CoVs circulating among bats show various mutations in amino acid sequences within RBD of S protein, thus enabling them to infect humans and camels³³. Therefore, it can be assumed that the changes in amino acids of the RBD region of MERSr-CoVs created the origin of MERS-CoV outbreak in 2012 with the ability to bind human DPP4 in an efficient manner to initiate human infection. Another human CoV, identified as SARS-CoV-2 can cause

similar respiratory problems with symptoms and period of incubation just like SARS-CoV and MERS-CoV infections^{34,35}.

Sequence analyses of SARS-CoV-2 from the infected patients have shown that SARS-CoV-2 has 88% sequence similarity with bat SARSr-CoV, 79% sequence similarity with SARS-CoV and 50% resemblance to MERS-CoV sequence³⁶. Taken together, these research findings indicate that SARS-CoV-2 is a novel betacoronavirus virus discrete from MERS-CoV and SARS-CoV, with a possible bat origin like MERS-CoV and SARS-CoV³⁶.

Preventive measures that could be taken

Here, we will discuss some of the essential points required for restricting 2019-nCoV spread. It is necessary to restrict direct human to human interactions for decreasing secondary infections among health-care providers. On the basis of previous experience gathered from MERS and SARS infection management, WHO has recommended certain infection control measures for decreasing the transmission probability of critical respiratory infections. These measures include avoidance of close interaction with people infected with severe respiratory infections, washing hands regularly after direct contact with infected person or their surroundings, and circumventing contact in an unprotected way with wild animals or farm. Also, people showing symptoms of respiratory infection must practice healthy coughing habits, such as maintaining safe distance, covering coughs and sneezes with clothes or disposable tissues, and washing hands properly. Arrangement of standard infection prevention and controlling measures within healthcare facilities are required in hospitals, mainly in emergency care units²⁰. The US Centers for Disease Control and Prevention (CDC) has provided clinical measures to be taken for the COVID-19 outbreak so that the spread of SARS-CoV-2 can be reduced in the USA³⁷. These steps include identifying infected people and their contacts in the USA as well as proper check-up and care of travelers arriving to the USA from China³⁷. Tremendous efforts are being given to prepare better healthcare systems, to understand the nature of COVID-19 for public-health guidance, and to produce diagnostic methods, take therapeutic measures and create vaccines for this disease³⁷. An infected patient should maintain self-quarantine till they recover to prevent spread among other people. In today's world, communication through internet has greatly accelerated the availability and sharing of knowledge. However it has also created a platform for fake news and wrong information. Therefore Governments of all countries must take the responsibility for providing precise knowledge to aid people take necessary steps to combat the novel infection and not to panic unnecessarily.

Therapeutic approaches

The current world scenario demands the development of antiviral strategies in no time. The replication cycle begins with virus binding and entry which can be targeted with the usage of

specific inhibitors. Chloroquine, which is an anti-malarial drug, and ammonium chloride, have the capability to inhibit acidification of endosomes. Therefore these two could be effectively used to block not only coronaviruses³⁸⁻⁴², but also SARS-CoV as well as MERS-CoV^{43,44}. An *in vitro* study⁵⁶ shows that remdesivir and chloroquine are potent candidates for COVID-19 treatment, ongoing clinical trials will shed more light on the efficiency of these drugs for the treatment of SARS-CoV-2. The usage of peptides have also been implemented for blocking this virus by meddling with the domains HR1 and HR2 that interact with the S protein, thus, blocking the fusogenic complex formation or S protein oligomerization blockage⁴⁵. Additionally, Interferon (IFN) has been shown to initiate the innate immune response in cells infected with coronavirus, thus, leading to transcription of ISGs which have a vital role in controlling infection⁴⁶. Studies have shown that type-I IFNs treatment can suppress coronavirus replication in cell culture⁴⁷⁻⁵³. However, the antiviral agent IFN has potential side effects like apathy, fatigue, malaise and cognitive changes⁵⁴ which necessitates the requirement of therapeutic strategy development devoid of IFN. In addition, viral enzymes inhibitors⁵⁵ and host-directed approach has the potency to reduce the chances of developing antiviral resistance, which could lead to the development of a broad scale therapeutic strategy for treating infections with current global threat such as coronaviruses and new variants which have the possibility to emerge in near future.

Conclusion

The current scenario of COVID-19 pandemic has become a massive threat to the human race worldwide. Very little is known about this novel virus. The development and evaluation of vaccines and antiviral therapy is one of the most effective options which is still undergoing process. Hence, the best way to restrict the spread of COVID-19 right now is to adopt controlling measures for preventing the spread of SARS-CoV-2 through man to man interaction. Authorities of Public health departments must keep an eye on the situation since the more we keep ourselves updated about Corona, the better we will be able to fight back in future.

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